

Greetings and grand risings, to all! This is Freedom Imani El from **The Personal Freedom Center**. My Five Core Pathways to Personal Freedom are: SERPF freedom.

I wanted to talk to those who are doing processes about how fear can hinder us when we are doing Nationality or Debt discharge processes.

This was my experience and *I see it, hear it, feel it* in the conversations and questions from some of the beginners and some that have been around a while.

The bigger truth is that fear can hinder all of your ideas, hopes, dreams and efforts.

## Studying

When you study for yourself, you won't run back and forth relying on others for answers. You can rely on your *Spirit to guide you* in the right direction; asking Spirit to guide you in the "right direction for you!"

Learning the type of information such as The Bankruptcy of the United States, The Birth Certificate Fraud, Debt Discharge, UCC1, US Codes...etc.

My Advice to you all who are early on this journey for freedom is what I did: I want you to **write down these 5 Steps** for your personal advancement, growth and enlightenment.

Stop, Get Quiet, Study for yourself, by yourself, set aside everything you've "been told and learn from scratch, Pray and Meditate then Study!

1. Stop! Gathering information like pieces to a puzzle. You'll end up with so many puzzle pieces from different sources you won't know what the projected picture is supposed to be.
2. Get Quiet. Make a study schedule. Turn off the TV, stay home a bit more, evaluate the time you spend every day doing habitual things or things you've always done that are really a waste of time.
3. Study for Yourself-Forget everything you've "been told," or think you know. If you're in a study group, still study on your own.
4. Pray and meditate. Guys, this is a Spiritual Wisdom key. *Always be praying;* praying is asking. *Always be in a state of meditation* where ever you are and in whatever you're doing.

This means to always be aware and always be watching and listening to what's in your immediate surroundings and what you're feeling and sensing or how your

spirit is interpreting it and how the event is making you feel. By doing this you'll learn how to garner the truth in every situation.

5. Create a *special place* where you pray and meditate when facing hard situations or choices.

*When I'm praying and meditating it's usually outdoors whether it's sunny, or cold I enjoy nature. It's when I feel the most connected to everything and God is everything and everything is God.*

6. So, in closing when you bring these 5 practices into your life, you are now ready to Study. In this mindset and state of being you will find the answers and the path that is intended for you and you can trust that your decisions and plans made in this state of being are the right ones and you will succeed.